

Charity registration number: 1116381

# Ups and Downs South West

Annual Report and Financial Statements

for the year ended 31 January 2019

# **Ups and Downs South West**

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## **Ups and Downs South West**

### **Reference and Administrative Details**

<b>Trustees</b>	A Farris (resigned 20 April 2018) S Dennis, Chair J Shipley S Kelly J Hunt (appointed 20 April 2018)
<b>Principal Office</b>	The Old School School Road Westonzoyland Bridgwater Somerset TA7 0LN
<b>Charity Registration Number</b>	1116381
<b>Bankers</b>	Lloyds TSB Bank plc 25 Cornhill Bridgwater Somerset TA6 3AY
<b>Independent Examiner</b>	Milsted Langdon LLP Chartered Accountants and Statutory Auditors Winchester House Deane Gate Avenue Taunton, TA1 2UH

# Ups and Downs South West

## Trustees' Report

The trustees present the annual report together with the financial statements of the Charity for the year ended 31 January 2019.

### **Objectives and activities**

#### ***Objects and aims***

The Association is established for the following exclusively charitable purpose:

The relief of families and carers of children who have Down Syndrome exclusively, by providing face to face support as well as any information necessary to enable these children to reach their full potential both educationally and socially and so that their conditions of life may be improved.

#### ***Ensuring our work delivers our aims***

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and in planning our future activities. In particular, the trustees consider how the 3 year development plan will contribute to the aims and objectives they have set.

#### ***How our activities deliver public benefit***

Our main activities and those whom we try to help are described below. All of our charitable activities focus on children who have Down Syndrome, their families and carers.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

### **Achievements and performance**

This has been another significant year in the life of Ups and Downs Southwest.

Our new logo and branding help us to be visible in the community and the website is simple and straightforward to navigate. The feedback we have received is most encouraging.

We continue to deliver the most important services to our families. This year has seen 324 Distance Support calls, an increase on last year of 65 calls. Some calls can take a few minutes as the team offer information or signpost a family to another agency, but some can take much, much longer and may result in a higher level of support including home visits and continued face to face support. This is the basis of our service and we know, because parents tell us, it is highly valued. Our expert staff team can offer help and support when families are so vulnerable and may be feeling very alone. This work is unique across the South West and we are proud to be able to provide it.

This year we have been building on the work that we completed last year. We have looked hard at the level of service we can provide with the funds we have and have established what we know is a professional service which listens and responds to the needs of children and young people with Down Syndrome and their families.

## **Ups and Downs South West**

### **Trustees' Report**

We have appointed new staff to the Ups and Downs Southwest Team. We have Jackie Sims in post as our Family Support Schools' Liaison worker. She is working directly with parents and schools and her role includes the provision of comprehensive training packages for schools. This service is very busy, reflecting the need for us to develop this element of our work.

We have two new youth workers, Maddy Glover in Weston-super-Mare and Hollie Way in Sherborne. We have achieved three years of funding from Children in Need and both these groups are flourishing under the care of their respective new workers. Indeed, this year has seen a 50% increase in youth club sessions.

This year saw five of our young people with Down Syndrome successfully take part in the Jubilee Challenge across Dartmoor. What an achievement! They have set the bar for us and it is our intention next year to support more young people in this challenge.

Following on from our determination to support the professionals to get it right for our families, we have delivered new training sessions at The University of Plymouth for third year student midwives on 'Breaking the News'.

We have examined and developed significant partnerships with statutory agencies to ensure a better service for our families, to make sure we do not duplicate services but plug the gaps that parents experience. Working with those agencies is certainly the most effective way of making positive changes for our children and their families. The challenge for us as Trustees is to seek funding for these partnerships. It is difficult for hard pressed services to fund our work even though they may value it immensely. Charitable funding partners do not want to fund services that are aligned to statutory ones. This is a very real challenge for the voluntary sector, but one we continue to address.

Now, this is a good time to mention our volunteers. These are a group of people who generously give their time to our service. Our volunteers come from a variety of backgrounds and bring a variety of skills to the team. They may have professional skills they want to share, they may have life experiences, they may have the experience of having a child with Down Syndrome themselves. All give of their time generously. They stand alongside our families to ensure no one feels alone. Thank you to all our volunteers.

This year has also seen Jade Hunt as an addition to the Board of Trustees. The trustees oversee the work of the service and exercise good stewardship of the budget. We are particularly proud of the Ups and Downs Southwest trustees' skill set, which now includes education, safeguarding, especially of disabled children, medicine, the voluntary sector, business, finance, project management, training and work with young people.

The service continues to benefit from the expertise and experience of the Director Joanna Thorn. Joanna has continued to work with Michelle Sugg our Fundraising and Public Relations Officer and a range of professionals to publicise Ups and Downs Southwest so it can reach those who need it in good time. Joanna has worked with the trustees to ensure we meet the aims and expectations of our mission statement and ethos.

With the assistance of our Finance and Administration Assistant, Jackie Lawrence, queries are answered promptly, families are welcomed, staff and volunteers are supported, and all our paperwork is expertly managed.

Our dedicated and caring Family Support Team, Lucy Campbell-Morgan, Jackie Andrews, Lindsay Bailey and Jackie Sims, continue to offer the core of our work, that immediate, responsive and professional service to parents and families. Always there at the end of the phone or in person, they support a huge range of needs including a tremendous success rate with the dreaded DLA and EHC forms!

As trustees we continue to face the issues involved in securing funding. We are grateful to those who have funded the work this year and will continue to explore funding opportunities into the future. We have recognition from statutory services that we do a valuable job, we know this because they refer into our service. What we need now is for that recognition to result in long term funding to ensure the service can run into the future. This may be as a result of commissioning of services or applications to national funding agencies.

# Ups and Downs South West

## Trustees' Report

So, Ups and Downs Southwest is moving confidently into the future, this year celebrating its 21st Birthday! We are still and always will be a support for children with Down Syndrome and their parents and families.

We are evidence based, research rich and data strong, able to engage with a range of professionals and funding partners to make sure that the voices of our children and their parents are heard, to make a real difference.

### **Financial review**

Income was up £52,480 on the previous year, mainly due to an increase in donations received along with an increase in fundraising and events income. Total costs increased by £27,099 from 2018 with an increase in employment costs being the main reason for this.

The balance sheet has fallen slightly but still remains healthy. Net current assets stand at £86,372 (2018: £93,011).

The free reserves of the Charity (being the unrestricted funds of the Charity not currently invested in fixed assets) at 31 January 2019 were £57,773 (2018: £76,887). The reserves policy of three months running costs is therefore being exceeded currently but this is considered prudent given the pressures on grant-making trusts from large numbers of charities at present.

### **Structure, governance and management**

#### ***Legal information***

Ups and Downs South West, "the Association", was formed in January 1997 and is governed by its constitution. The Association became a registered charity on 13 October 2006. The Charity's registered number is 1116381 and it is controlled and administered by the Management Committee.

#### ***Recruitment and appointment of trustees***

One third, or the number nearest one third, of the Management Committee members shall retire by rotation annually but may be re-elected. The Trustees are members of the Management Committee of the Charity, and those who have served during the year are detailed on page 1.

The Management Committee may from time to time appoint any member of the Association as a member of the Management Committee to fill a casual vacancy or by way of addition provided that the maximum prescribed in clause 6 of the constitution is not exceeded. Any interested member may put their name forward for consideration, or when a vacancy arises the Management Committee may approach an individual who has the necessary skills to fulfil the particular vacancy.

New members of the Management Committee will first be interviewed by the Chair of the Committee, and will then be briefed by the Chair and Operations and Business Development Manager on the aims and duties of the Committee, as well as the broader aims and history of the Charity.

Trustees receive copies of previous committee minutes and a copy of the Trust Deed and are directed to the Charity Commission website for further details on Trustee duties.

#### **Reappointment of independent examiner**

A resolution to reappoint Jonathan Langdon of Milsted Langdon LLP as independent examiner will be proposed at the annual general meeting.

## **Ups and Downs South West**

### **Trustees' Report**

#### **Statement of Trustees' Responsibilities**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the Charity on 5 July 2019 and signed on its behalf by:

S Dennis  
Trustee

## **Ups and Downs South West**

### **Independent Examiner's Report to the trustees of Ups and Downs South West**

I report to the Charity trustees on my examination of the accounts of the Charity for the year ended 31 January 2019 which are set out on pages 7 to 19.

#### **Respective responsibilities of trustees and examiner**

As the Charity's trustees of Ups and Downs South West you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

Having satisfied myself that the accounts of the Charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of the Ups and Downs South West's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Ups and Downs South West as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J Langdon FCA  
Milsted Langdon LLP  
Chartered Accountants and Statutory Auditors  
Winchester House  
Deane Gate Avenue  
Taunton, TA1 2UH

12 July 2019

## Ups and Downs South West

### Statement of Financial Activities for the Year Ended 31 January 2019

	Note	Unrestricted funds £	Restricted funds £	Total 2019 £	Total 2018 £
<b>Income and Endowments from:</b>					
Donations and legacies	2	37,247	73,009	110,256	95,875
Charitable activities	3	-	-	-	35
Other trading activities	4	52,273	-	52,273	14,139
Investment income	5	6	-	6	6
Total income		<u>89,526</u>	<u>73,009</u>	<u>162,535</u>	<u>110,055</u>
<b>Expenditure on:</b>					
Raising funds	6	6,462	8,908	15,370	13,026
Charitable activities	6	102,259	52,772	155,031	130,276
Total expenditure		<u>108,721</u>	<u>61,680</u>	<u>170,401</u>	<u>143,302</u>
Net (expenditure)/income		<u>(19,195)</u>	<u>11,329</u>	<u>(7,866)</u>	<u>(33,247)</u>
Net movement in funds		(19,195)	11,329	(7,866)	(33,247)
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>78,576</u>	<u>20,645</u>	<u>99,221</u>	<u>132,468</u>
Total funds carried forward	14	<u><u>59,381</u></u>	<u><u>31,974</u></u>	<u><u>91,355</u></u>	<u><u>99,221</u></u>

All of the Charity's activities derive from continuing operations during the above two periods.

The funds breakdown is shown in note 14.

**Ups and Downs South West**  
**(Registration number: 1116381)**  
**Balance Sheet as at 31 January 2019**

	Note	2019 £	2018 £
<b>Fixed assets</b>			
Tangible assets	10	4,983	6,210
<b>Current assets</b>			
Debtors	11	2,675	20,000
Cash at bank and in hand		88,815	78,585
		<u>91,490</u>	<u>98,585</u>
<b>Creditors: Amounts falling due within one year</b>	12	<u>(5,118)</u>	<u>(5,574)</u>
<b>Net current assets</b>		<u>86,372</u>	<u>93,011</u>
<b>Net assets</b>		<u>91,355</u>	<u>99,221</u>
<b>Funds of the Charity:</b>			
<b>Restricted funds</b>		31,974	20,645
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>59,381</u>	<u>78,576</u>
<b>Total funds</b>	14	<u>91,355</u>	<u>99,221</u>

The financial statements on pages 7 to 19 were approved by the trustees, and authorised for issue on 5 July 2019 and signed on their behalf by:

S Dennis  
Trustee

# Ups and Downs South West

## Notes to the Financial Statements for the Year Ended 31 January 2019

### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Basis of preparation

Ups and Downs South West meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

#### Exemption from preparing a cash flow statement

The Charity has taken advantage of the exemption available and has therefore not included a cash flow statement in these financial statements.

#### Going concern

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

#### Income and endowments

All income is recognised when the Charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### *Donations and legacies*

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured. No gifts in kind were received during the year (2018 £nil).

#### *Investment income*

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

#### *Charitable activities*

Income from charitable trading activities is recognised when earned.

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs. Irrecoverable VAT is charged as a cost against the activity for which the expenditure is incurred.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### ***Raising funds***

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Tangible fixed assets**

Individual fixed assets costing £150 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Fixtures, fittings and equipment	25% reducing balance
Motor vehicles	25% reducing balance

#### **Trade debtors**

Debtors are amounts due from clients for services performed in the ordinary course of the Charity's activities.

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **Cash and cash equivalents**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### **Trade creditors and provisions**

Creditors and provisions are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### **Borrowings**

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the Charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the Charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### Pensions

The Charity provides an auto-enrolment scheme for staff. All employees are entitled to join the scheme and will receive the appropriate company contributions, in line with the auto-enrolment legislation. The pension charge recorded in these accounts is the amount of contributions payable in the accounting year.

#### Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recorded at transaction value and subsequently measured at the carrying value plus accrued interest less repayments.

#### 2 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2019 £	Total 2018 £
Donations	37,247	73,009	110,256	95,875
	<u>37,247</u>	<u>73,009</u>	<u>110,256</u>	<u>95,875</u>

The income from donations and legacies was £110,256 (2018: £95,875) of which £37,247 was unrestricted (2018: £62,829) and £73,009 was restricted (2018: £33,046).

#### 3 Income from charitable activities

	Total 2019 £	Total 2018 £
	<u>-</u>	<u>35</u>

The income from charitable activities was £nil (2018: £35) of which £nil was unrestricted (2018: £35) and £nil was restricted (2018: £nil).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### 4 Income from other trading activities

	<b>Unrestricted funds £</b>	<b>Total 2019 £</b>	<b>Total 2018 £</b>
Fundraising and events	48,955	48,955	11,072
50/50 club income	<u>3,318</u>	<u>3,318</u>	<u>3,067</u>
	<u><u>52,273</u></u>	<u><u>52,273</u></u>	<u><u>14,139</u></u>

The income from other trading activities was £52,273 (2018: £14,139) of which £52,273 was unrestricted (2018: £14,139) and £nil was restricted (2018: £nil).

#### 5 Investment income

	<b>Unrestricted funds £</b>	<b>Total 2019 £</b>	<b>Total 2018 £</b>
Interest receivable on bank deposits	<u>6</u>	<u>6</u>	<u>6</u>

The income from investments was £6 (2018: £6) of which £6 was unrestricted (2018: £6) and £nil was restricted (2018: £nil).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### 6 Expenditure

##### Expenditure on raising funds

	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2019 £	Total 2018 £
Events	Direct	6,462	8,908	15,370	13,026

##### Expenditure on charitable activities

	Basis of allocation	Unrestricted funds £	Restricted funds £	Total 2019 £	Total 2018 £
Employment costs	Direct	74,983	51,530	126,513	106,243
Recruitment	Direct	551	-	551	871
Staff training	Direct	887	-	887	1,654
Establishment costs	Direct	6,244	96	6,340	4,614
Printing, postage and stationery	Direct	2,340	-	2,340	4,036
Sundry	Direct	334	-	334	-
Computer equipment and leasing	Direct	4,829	-	4,829	821
Motor and travel expenses	Direct	5,508	-	5,508	3,641
Subsistence	Direct	136	-	136	-
Telephone	Usage	2,631	-	2,631	3,069
Accountancy fees - other services	Usage	-	-	-	1,156
Accountancy fees - independent examination	Usage	2,294	-	2,294	1,600
Legal and professional costs	Usage	908	-	908	503
Bank charges	Usage	32	-	32	-
Depreciation of tangible fixed assets	Usage	536	1,127	1,663	2,068
Loss on disposal of tangible assets	Usage	11	19	30	-
Trade subscriptions	Usage	35	-	35	-
		102,259	52,772	155,031	130,276

The expenditure on raising funds was £15,370 (2018: £13,026) of which £6,462 was unrestricted (2018: £6,908) and £8,908 was restricted (2018: £6,118).

The expenditure on charitable activities was £155,031 (2018: £130,276) of which £102,259 was unrestricted (2018: £81,667) and £52,772 was restricted (2018: £48,609).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### 7 Trustees' remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the Charity during the year.

#### 8 Taxation

The Charity is a registered charity and is therefore potentially exempt from taxation. No tax charges have arisen in the year.

#### 9 Employees' remuneration

The aggregate payroll costs were as follows:

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<b>Staff costs during the year were:</b>		
Wages and salaries	120,556	101,906
Social security costs	4,907	3,908
Pension costs	1,050	429
	<u>126,513</u>	<u>106,243</u>

The monthly average number of persons (including senior management team) employed by the Charity during the year expressed as full time equivalents was as follows:

	<b>2019</b>	<b>2018</b>
	<b>No</b>	<b>No</b>
Charitable activities	<u>9</u>	<u>8</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the Charity were £36,805 (2018 - £35,701).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### 10 Tangible fixed assets

	Fixtures, fittings and equipment £	Motor vehicles £	Total £
<b>Cost</b>			
At 1 February 2018	7,740	9,384	17,124
Additions	465	-	465
Disposals	(91)	-	(91)
At 31 January 2019	8,114	9,384	17,498
<b>Depreciation</b>			
At 1 February 2018	3,200	7,714	10,914
Charge for the year	1,245	418	1,663
Eliminated on disposals	(62)	-	(62)
At 31 January 2019	4,383	8,132	12,515
<b>Net book value</b>			
At 31 January 2019	3,731	1,252	4,983
At 31 January 2018	4,540	1,670	6,210

#### 11 Debtors

	2019 £	2018 £
Other debtors	2,675	20,000

#### 12 Creditors: amounts falling due within one year

	2019 £	2018 £
Other taxation and social security	2,360	2,389
Other creditors	359	106
Accruals	2,399	3,079
	5,118	5,574

#### 13 Pension and other schemes

##### Defined contribution pension scheme

The Charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the Charity to the scheme and amounted to £1,050 (2018 - £429).

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### 14 Funds

Funds - current year	Balance at 1 February 2018 £	Incoming resources £	Resources expended £	Balance at 31 January 2019 £
<b>Unrestricted funds</b>				
Unrestricted fund	78,576	89,526	(108,721)	59,381
<b>Restricted funds</b>				
EDF Fund	19	-	(19)	-
Wooden Spoon Fund	1,670	-	(418)	1,252
Sponsorship of youth clubs	3,996	7,122	(10,068)	1,050
Family support team salaries	-	40,500	(20,500)	20,000
Sponsorship of family clinics	3,657	-	(3,657)	-
Volunteer training	1,780	-	(998)	782
New Baby Home visits	3,000	-	(1,787)	1,213
Office refurbishment	2,928	-	(805)	2,123
Co-Op	3,195	-	(3,195)	-
Bridgwater Town Council youth grant	400	-	(400)	-
Direct family support	-	500	(500)	-
Hours to support in the community	-	2,000	(2,000)	-
Family support - Sedgemoor	-	9,990	(9,990)	-
Ten Tors challenge	-	2,250	(2,250)	-
Family days	-	1,780	(320)	1,460
Theatre workshop	-	398	(398)	-
Schools liaison worker	-	2,500	(2,500)	-
Total Communication course	-	1,550	(1,550)	-
WDSAD Promotional video	-	2,082	(325)	1,757
Coffee mornings	-	1,337	-	1,337
Family support - Taunton	-	1,000	-	1,000
<b>Total restricted funds</b>	<u>20,645</u>	<u>73,009</u>	<u>(61,680)</u>	<u>31,974</u>
<b>Total funds</b>	<u><u>99,221</u></u>	<u><u>162,535</u></u>	<u><u>(170,401)</u></u>	<u><u>91,355</u></u>

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

	Balance at 1 February 2017 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 January 2018 £
<b>Funds - prior year</b>					
<b>Unrestricted funds</b>					
Unrestricted fund	94,116	77,009	(88,575)	(3,974)	78,576
<b>Restricted funds</b>					
EDF Fund	25	-	(6)	-	19
Wooden Spoon Fund	2,226	-	(556)	-	1,670
Sponsorship of youth clubs	5,750	5,282	(7,036)	-	3,996
Family support team salaries	19,500	20,586	(44,060)	3,974	-
Sponsorship of family clinics	1,962	3,583	(1,888)	-	3,657
Volunteer training	1,889	-	(109)	-	1,780
New Baby Home visits	3,000	-	-	-	3,000
Office refurbishment	4,000	-	(1,072)	-	2,928
Co-Op	-	3,195	-	-	3,195
Bridgwater Town Council youth grant	-	400	-	-	400
<b>Total restricted funds</b>	<u>38,352</u>	<u>33,046</u>	<u>(54,727)</u>	<u>3,974</u>	<u>20,645</u>
<b>Total funds</b>	<u><u>132,468</u></u>	<u><u>110,055</u></u>	<u><u>(143,302)</u></u>	<u><u>-</u></u>	<u><u>99,221</u></u>

## **Ups and Downs South West**

### **Notes to the Financial Statements for the Year Ended 31 January 2019**

The specific purposes for which the funds are to be applied are as follows:

EDF Fund - funding towards the cost of video equipment.

The Wooden Spoon Fund - the grant of a van to support the Charity's activities.

Sponsorship of youth clubs - to help support the running of youth clubs.

Family support team salaries - to help pay for the salaries of staff involved in family support work.

Sponsorship of family clinics - to help with the running of the Exeter and Bridgwater clinics.

Volunteer training - to support the training of volunteers.

New Baby Home visits - to support home visits.

Office refurbishment - to support the costs of refurbishing the office.

Co-op - to help support the running of family days.

Bridgwater Town Council youth grant - to support the running of a theatre workshop.

Norman Charitable Trust - direct family support.

Quartet Community Foundation - Hours to support in the community.

Sedgemoor Pitch your Project - Family support (Sedgemoor).

Viridor Charitable Donation - Ten Tors challenge 2018.

Rotary club of Bridgwater - Ten Tors challenge 2018.

Greggs Foundation - To support family days.

Bridgwater Town Council Youth Grant - Theatre workshop.

St. James' Place - Schools Liaison worker.

Somerset Community Foundation - Total communication course.

Higos - Ten Tors challenge 2018.

The Fairfield Foundation - To support with core funding.

Bridgwater Town Council - WDSAD Promotional video.

Somerset Community Foundation - Coffee mornings.

Sedgemoor District Council - WDSAD Promotional video.

Taunton Deane Borough Council - Family support Taunton area.

## Ups and Downs South West

### Notes to the Financial Statements for the Year Ended 31 January 2019

#### 15 Analysis of net assets between funds

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total funds £</b>
<b>Current year</b>			
Tangible fixed assets	1,608	3,375	4,983
Current assets	62,891	28,599	91,490
Current liabilities	(5,118)	-	(5,118)
Total net assets	59,381	31,974	91,355

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total Funds £</b>
<b>Prior year</b>			
Tangible fixed assets	1,689	4,521	6,210
Current assets	82,461	16,124	98,585
Current liabilities	(5,574)	-	(5,574)
Total net assets	78,576	20,645	99,221