

**YOUR LOGO  
HERE**

Name

Started ..... Completed.....

Personal development	Citizenship	Lifestyles
<input type="checkbox"/> Hand to mouth reflex	<input type="checkbox"/> Responds to physical touch	<input type="checkbox"/> Reacts to pain
<input type="checkbox"/> Blink defensively	<input type="checkbox"/> Vocalises	<input type="checkbox"/> Accepts being washed
<input type="checkbox"/> Closes eyes to sudden bright light	<input type="checkbox"/> Vocalises contentedly	<input type="checkbox"/> Contact with water at different temperatures
<input type="checkbox"/> Startled by sudden loud noise	Attends adult led group activity	<input type="checkbox"/>
<input type="checkbox"/> Movement frozen by quiet sound	<input type="checkbox"/> - with another pupil	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> - small group within class	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> - class	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> - assembly	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> - meal times	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> - outside activity	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Relationships		Knowledge and Understanding
<input type="checkbox"/> Closes fingers when palm touched	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Explores objects by mouthing	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Meet other humans	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Physical activity reduced by touch	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Turn towards touch on face	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Holds hands with an adult	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**P1 (i)** Pupils encounter activities and experiences. They may be passive or resistant. They may show simple reflex responses, *for example, startling at sudden noises or movements*. Any participation is fully prompted.

Date

Notes



Self Help and Manipulative Skills Level P4

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Self Help	Gross Motor Skills	Fine Motor Skills
<input type="checkbox"/> Urinates frequently when placed on toilet	<input type="checkbox"/> Takes a few steps independently	<input type="checkbox"/> Puts large pegs in pegboard
<input type="checkbox"/> Defecates generally on toilet if placed there at appropriate time	<input type="checkbox"/> Walks with uneven steps	<input type="checkbox"/> Builds a tower of 5 bricks
<input type="checkbox"/> Indicates a need for the toilet - usually to late	<input type="checkbox"/> Walks with feet apart	<input type="checkbox"/> Opens draws
<input type="checkbox"/> Able to indicate a need for the toilet at the appropriate time	<input type="checkbox"/> Walks with feet slightly apart	<input type="checkbox"/> Closes draws
<input type="checkbox"/> Accepts the toilet being flushed	<input type="checkbox"/> Walks with hands and arms lowered	<input type="checkbox"/> Takes lids off boxes
<input type="checkbox"/>	<input type="checkbox"/> Walks in desired direction	<input type="checkbox"/> Attempts to put lids on boxes
<input type="checkbox"/>	<input type="checkbox"/> Runs unsteadily with head in midline and eyes on ground	<input type="checkbox"/> Attempts to turns screw toys to left
<input type="checkbox"/>	<input type="checkbox"/> Crawls upstairs	<input type="checkbox"/> Attempts to turns screw toys to right
<input type="checkbox"/>	<input type="checkbox"/> Goes down stairs backwards on stomach	<input type="checkbox"/> Presses a button
<input type="checkbox"/>	<input type="checkbox"/> Walks upstairs with assistance	<input type="checkbox"/> Operates a pull cord toy
<input type="checkbox"/>	<input type="checkbox"/> Kneels with support	<input type="checkbox"/> Dismantles object
<input type="checkbox"/>	<input type="checkbox"/> Kneels unaided	<input type="checkbox"/> Attempts to assemble objects
<input type="checkbox"/>	<input type="checkbox"/> Goes down into a squat	<input type="checkbox"/> Attempts to put large pegs in to peg board
<input type="checkbox"/>	<input type="checkbox"/> Rises from squat using hands	<input type="checkbox"/> Throws ball underhand
<input type="checkbox"/>	<input type="checkbox"/> Squats to pick up toy securely	<input type="checkbox"/> Uses tripod grip
<input type="checkbox"/>	<input type="checkbox"/> Backs into chair	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Slides sideways into chair	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/> Bends at waist to pick up object without falling	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Personal development	Lifestyles	Relationships
<input type="checkbox"/> State preferences <input type="checkbox"/> Give reasons for preferences <input type="checkbox"/> Try to carry out preferred option <input type="checkbox"/> Take a pride in their own work displayed <input type="checkbox"/> Talk to the class about their work <input type="checkbox"/> Accept praise appropriately <input type="checkbox"/> Be aware when their behaviour is inappropriate <input type="checkbox"/> Asks for advice but likes to make own decisions <input type="checkbox"/> Identify things in a story they consider right or wrong and give a reason <input type="checkbox"/> Identify an action of their own that was good <input type="checkbox"/> Identify an action of their own that was bad <input type="checkbox"/> Add to discussion planning an event <input type="checkbox"/> Add to discussion about everyday situations in school  <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Know that all animals need food <input type="checkbox"/> Know that animals need air <input type="checkbox"/> Know that animals need warmth <input type="checkbox"/> Know that animals need water <input type="checkbox"/> Know they get only 2 sets of teeth <input type="checkbox"/> Know they only use their own toothbrush <input type="checkbox"/> Know what may happen to their skin if they do not protect it. <input type="checkbox"/> Know places to cross the road safely <input type="checkbox"/> Know the code to cross the road <input type="checkbox"/> Identify the dangers of playing in the road <input type="checkbox"/> Identify the dangers of railway lines <input type="checkbox"/> Identify the dangers of waterways <input type="checkbox"/> Know the signs for emergency exits  <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Move from one group activity to another quietly <input type="checkbox"/> Wait until everyone in the group is ready to begin <input type="checkbox"/> Discuss what they the group are going to do <input type="checkbox"/> Put personal belongings in the correct place <input type="checkbox"/> Ensure they put things away where other don't fall over them <input type="checkbox"/> Ensure the equipment they are using does not fall on the floor <input type="checkbox"/> Identify some similarities & differences in peoples likes and dislikes <input type="checkbox"/> Describe how they felt when excluded <input type="checkbox"/> Describe how they felt when shouted at <input type="checkbox"/> Discuss how they feel when teased <input type="checkbox"/> Identify appropriate ways of greeting people <input type="checkbox"/> Identify appropriate ways to say goodbye <input type="checkbox"/> Identify strategies to keep strangers at a reasonable distance <input type="checkbox"/> Identify good and bad secrets <input type="checkbox"/> Identify strategies to use if they feel threatened  <input type="checkbox"/>
<b>Knowledge and Understanding</b>		
<p>Supervised group activities</p> <input type="checkbox"/> Gym <input type="checkbox"/> Games <input type="checkbox"/> Painting <input type="checkbox"/> Construction <input type="checkbox"/> Reading <input type="checkbox"/> Collage <input type="checkbox"/> Measuring <input type="checkbox"/> Weighing <input type="checkbox"/> Poetry <input type="checkbox"/> Cooking <input type="checkbox"/> Water <input type="checkbox"/> Nature walk <input type="checkbox"/> Computer <input type="checkbox"/> Drama <input type="checkbox"/> Lead a group in drama <input type="checkbox"/> Lead a group in PE  <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Accept the decisions of group leader <input type="checkbox"/> Make suggestions on what may be done in a group <input type="checkbox"/> Accept somebody's idea may be better than their own <input type="checkbox"/> Appreciate the efforts of others <input type="checkbox"/> Make constructive suggestions <input type="checkbox"/> Accept constructive suggestions from others <input type="checkbox"/> Accept the directions of others <input type="checkbox"/> Ask for clarification when they do not understand  <input type="checkbox"/>	<input type="checkbox"/> Take a pride in achieving what has been asked of them <input type="checkbox"/> Maintain focus on task while other groups are working <input type="checkbox"/> Listen to a story on a tape <input type="checkbox"/> Complete a tasks requiring 5 minutes of focused concentration <input type="checkbox"/> Draw a picture of an object paying attention to detail <input type="checkbox"/> Watch a demonstration of the use of a computer program and then use it with a high degree of success <input type="checkbox"/> Watch a TV programme and then answer questions about it  <input type="checkbox"/>

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Citizenship		
<input type="checkbox"/> Find out about an environment else where in the world <input type="checkbox"/> Do simple risk assessment <input type="checkbox"/> Identify the differences between National and international charities <input type="checkbox"/> Identify the work required to maintain an environment <input type="checkbox"/> Investigate assumed differences <input type="checkbox"/> Identify reasons for differences <input type="checkbox"/> Identify facilities in the local community <input type="checkbox"/> Identify who provides the facilities in the local community <input type="checkbox"/> Identify sources for help and support for people in the community <input type="checkbox"/> Discuss the sort of problems people have an where they may seek help <input type="checkbox"/> Identify basic consumer rights <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Identify and find out about the work of voluntary organisations <input type="checkbox"/> Identify different types of needs in the general community <input type="checkbox"/> Identify ways in which a community can work <input type="checkbox"/> Identify ways in which a community may not work <input type="checkbox"/> Discuss how conflict in a community can occur <input type="checkbox"/> Discuss how conflict in a community can be resolved <input type="checkbox"/> Know what is meant by "the media" <input type="checkbox"/> Compare 2 reports of the same story <input type="checkbox"/> Find information to help them make decisions <input type="checkbox"/> Identify their own rights <input type="checkbox"/> Identify how rights change with age <input type="checkbox"/> Identify the ages when they can purchase & drink alcohol in public <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> Find out the role of the council <input type="checkbox"/> Who is on the council <input type="checkbox"/> How they became councillors <input type="checkbox"/> How councils make decisions <input type="checkbox"/> Identify the political parties <input type="checkbox"/> Identify the key roles in parliament <input type="checkbox"/> How do people become MP's <input type="checkbox"/> Investigate the role of an MP <input type="checkbox"/> Find the name of the local MP <input type="checkbox"/> Find out the name of the Prime Minister <input type="checkbox"/> Find the names of the buildings used by the government <input type="checkbox"/> Take part in a debate <input type="checkbox"/> Identify environmental issues in their area <input type="checkbox"/> Who is responsible for the environment and how <input type="checkbox"/> <input type="checkbox"/>

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